

IMPORTANT TELEPHONE NUMBERS

Emergency Services **999**
Police non-emergency **101**
NHS 24 **111**
Power Cuts **105**
Gas Emergency **0800 111 999**
Floodline / Flood Agency **0345 988 1188**

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Other important contact numbers:

Doctor: _____

Local Authority: **0345 123 4561**

Schools/College: _____

Carers/Childminder: _____

Work contact: _____

Insurance Company: _____

Water supplier: _____

Gas supplier: _____

Electricity supplier: _____

Vet: _____

Plumber: _____

Other: _____



More information:
ready.scot/prepare

More information:
ssen.co.uk

More information
about Priority
Services Register:
ssen.co.uk/psr

To track or raise a
fault in your area:
powertrack.ssen.co.uk

If you need support locally, please call Portgordon Community

Trust: **07399 031 253**

Follow Portgordon Community Trust FB Page for any updates



Facilitated by



YOUR HOME EMERGENCY PLAN

A Home Emergency Plan is a vital tool in our households (or to help another family member who does not live with you) to be prepared in an emergency situation, like a power cut.

Having a Home Emergency Plan means all important contact information, help, advice and action to take is all in one place, making life easier in an emergency situation, allowing you to respond safely, quickly and to think about others.

KEEP ONE FOR YOURSELF AND SHARE YOUR SECOND PLAN WITH A FRIEND, NEIGHBOUR OR FAMILY MEMBER!

HOME ADDRESS.....



YOUR HOME EMERGENCY PLAN

If a **major emergency happens** it may be some time before emergency help arrives. It's very important that you and your family get together to prepare.

- Agree a **plan in advance** with those in your home
- Complete this **plan together and keep it safe** in case you need to use it

If the emergency means it's not safe to go out, the advice is to:



Go in

Go inside and close all the windows and doors



Stay in

Go inside and close all the windows and doors



Tune in

to BBC Radio Scotland on 92 - 95 FM or MFR on 97.4 FM

My local radio station is _____ Frequency _____

If you have to leave your home, get out, stay out, and take others with you. If you have any neighbours that you feel are vulnerable, check in with them to make sure that they are ok. Think of two meeting places: one near home and one further away, in case you can't get home.

Meeting Place 1 (NEAR)

Location: _____

Meeting Place 2 (FAR)

Location: _____

Pick a **friend or relative who lives out of the area, who you will agree to call to say you're OK**, should you need to leave home. Make sure this person knows.

Friends name: _____ **Contact number:** _____

BE PREPARED - PACK AN EMERGENCY KIT

Whether you have to stay in or get out, packing a **small kit** will help you get through. Keep it **in a safe place** at home where you can **reach it easily**. Your kit should be **kept in a waterproof bag** if possible, and the top recommended items to include are:



Essential

- ☐ **Bottled water and non-perishable foods** (inc. Baby/pet food)
- ☐ **First aid kit** (and essential medicines)
- ☐ **Radio and Torch** (inc spare batteries or wind-up equivalent)
- ☐ **Identity documents** (inc. Passport/drivers licence & Insurance)
- ☐ **Change of clothes** (inc. warm jumpers and blankets)
- ☐ **Mobile phone charger** (ideally a portable charger)

In addition

- ☐ **Money** (change, cash & card)
- ☐ **Spare keys for house & car**
- ☐ **Copies of insurance policies / birth certificates**
- ☐ **Notebook, pen / pencil**
- ☐ **Spare glasses / contact lenses**